

JV Swimming District 8-5A Championships

The Dragon Swimmers continued their "domination" of District 8-5A at the JV District Swim Championships this past Saturday, Feb 2nd.

Team Scores:

Girls

Southlake Carroll	531
Northwest	238
Keller	182
Grapevine	123
North Richland Hills	109
Haltom	55
Colleyville	28
Keller Central	3

Men

Southlake Carroll	353
Northwest	265
North Richland Hills	227
Keller	66
Grapevine	57
Keller Central	18
Colleyville	15

There were some great races and great performances turned in by our Carroll Dragon swimmers. The Northwest Men put up an excellent fight and drew some extra fine swims out of our Dragon Men.

The Dragons Women won all three relays. The Dragon Men did not win any relays, but outscored their competition with solid relays and great individual performances.

Girls:

200 Medley Relay 1st 2:01.70 with Kelly Haitz, Bryn Bowles, Alex Danner and Kaitlyn Hogan
200 Medley Relay 2nd 2:04.77 with Alicia Mainz, Ansley Hayes, Arrington Hayes and Isla Jacobson
200 Free Relay 1st 1:48.39 with Haitz, Mainz, Brook Hendricks and Danner
200 Free Relay 3rd 1:51.63 with Paige Higgins, Rachel Pacilio, Jillian Roberts and Ansley Hayes
400 Free Relay 1st 4:01.41 with Higgins, Jacobson, Lillian Manley and Jillian Roberts
400 Free Relay 2nd 4:06.19 with Hogan, Pacilio, Hendricks and Kelli Castro

Boys:

200 Medley Relay 2nd 1:53.02 with Cameron Bledsoe, Connor Rielly, Charlie Hope and James Hass
200 Free Relay 4th 1:43.78 with Tyler Snow, Alex Myers, Jarrett Cox and Jason Bickerstaff
200 Free Relay 5th 1:44.50 with Drew Lackey, Connor Rielly, Christian Martin and Nick Smith
400 Free Relay 2nd 3:41.07 with Bledsoe, Connor Kriegshauser, Hass and Martin
400 Free Relay 3rd 3:52.00 with Hope, Cox, Bickerstaff and Myers

Individual, Top 3, Medalists for the Lady Dragons included:

Kelli Castro	200 free	1st	2:07.53	season best
Kaitlin Hermes	200 free	2nd	2:08.72	season best
Alex Danner	200 free	3rd	2:10.96	pr
Jillian Roberts	200 IM	1st	2:23.81	season best
Bryn Bowles	200 IM	2nd	2:29.65	season best
Ansley Hayes	200 IM	3rd	2:33.21	
Kelly Haitz	50 free	1st	25.86	pr
Isla Jacobson	50 free	3rd	26.24	pr

Alex Danner	100 fly	1st	1:05.13	pr
Paige Higgins	100 free	1st	56.89	season best
Isla Jacobson	100 free	2nd	57.00	pr
Kaitlyn Hogan	100 free	3rd	58.28	season best
Kaitlin Hermes	500 free	1st	5:44.31	season best
Emily Cowperthwaite	500 free	2nd	5:53.93	
Kelly Haitz	100 back	1st	1:05.62	pr
Kelli Castro	100 back	2nd	1:07.72	
Lillian Manley	100 back	3rd	1:08.75	
Bryn Bowles	100 breast	1st	1:16.92	season best
Ansley Hayes	100 breast	3rd	1:20.07	

Individual Top 3 Medalists for the Dragon Men included:

James Hass	200 free	2nd	1:59.85	pr
Jarrett Cox	200 free	3rd	2:04.26	season best
Chris Mainz	200 IM	2nd	2:47.27	pr
Cameron Bledsoe	50 free	2nd	24.29	pr
Jason Bickerstaff	100 fly	3rd	1:09.02	
Cameron Bledsoe	100 free	2nd	53.46	pr
Connor Kriegshauser	100 free	3rd	53.57	pr
Tyler Snow	100 back	1st	1:07.86	season best
Connor Rielly	100 breast	1st	1:12.41	pr

We had many other season best and personal best times turned in by our Dragon swimmers. Those with individual pr's and season best times, not mentioned above, include:

Christian Martin
 Alex Andrup
 Dhruv Seth
 Ellen Miritello
 Cathy Creighton
 Tori Spickler
 Alicia Mainz
 Megan Vivian
 Julia Fitzgerald
 Rachel Childress
 Kelly Brown
 Lauren Namdar
 Laura Waters
 Rachel Brown
 Tori Roberts
 Charlie Hope
 Drew Lackey
 Alex Myers
 Nick Smith
 Andrew Wisniewski
 Jack Higgins
 Paul Ruestow
 Skye Coty
 Zach Fletcher
 Cathryn Boes
 Virginia Hadley
 Ben Unkle

The Dragons had a GREAT Day at the Grapevine Natatorium!!

Congratulations to all of these swimmers on a fine conclusion to their 2007-2008 HS swim season!

The Varsity Swim/Dive season continues this Friday, Feb 8th and Saturday, Feb 9th with the Regional Championships, at Loos Natatorium.

Prelims 2:30 pm Friday Feb 8

Finals 1:00 pm Saturday Feb 9th

Great Job Dragon swimmers!